

January 11, 2022 Meeting Notes

1. Welcome & Meeting Overview (5 mins)

Mike Caira, Kelley St. Coeur, Dave DiGirolamo, Dave Muri, Ed Burman, Amy Turncliff, Kathy Silva, Sally Sweitzer, Kelly Roy, Talia Seavey, Kristin French

2. Focus Group – Facilitated by BrightSolutions Consulting (60 mins)

Amanda Decker of BrightSolutions Consulting conducted a 60 minute focus group to gather member perspectives and thoughts on youth substance use in Ashland. Kristin and Talia excused themselves from the discussion. Amanda will create a report that synthesizes the feedback in all 4 of the focus groups that she has conducted (AMS students, AHS students, parents, DAET members). An interim Coalition meeting will be held on February 15th at 5:30 PM where Amanda will present on the key findings from the report.

3. DAET updates (5 mins)

Youth Coalition activity at the AMS has been active. For now, the primary focus of the Youth Coalition will be at the middle school. Members are eager to plan activities and recruit other students. Involvement at AHS will be primarily through a few students volunteers who are interested in planning social activities. Several volunteers are working to plan a "kindness/connection" event at Ashland Nutrition on Feb 6th.

DAET is planning several collaborative events over the next few months which include Kindness Week (February), Women's History Month (March), Drug Take Back Day/opioid & medication education (April), Mental Health Month (May) and Come to the Table family connection programming (Summer).

4. Participant updates & celebrations (20 mins)

AHS – As a participant in the new iDECIDE program, the school is being connected to a wealth of new vaping prevention education, supports, and resources.

 $AMS-8^{th}$ grade students will receive mental health awareness information & education through Minding Your Mind's program Changing Minds: Stories Over Stigma.

Interim Meeting

February, 15, 2022 5:30PM – 7PM Zoom

* Focus Group assessment report review

Spring Meeting

April 12, 2022 5:30PM - 7PM Location TBD



Accomplishments: October 2021-December 2021

DATA/SURVEYS

| Fall 2021 | 6 Focus groups conducted at AHS & AMS with 38 students participating. 1 virtual community focus group with 6 participants. |
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| | Virtual Community locus group with a participants. |

OUTREACH/PARTNER COLLABORATION & ENGAGEMENT

| October 15 | Successful "Friday Night Fun" family event at Murphy's with over 100 attendees. |
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| October 28 | Spooky walk in collaboration with the Town of Ashland. Distributed 23 information packets. |
| October 25-29 | Red Ribbon Spirit week at AMS |
| November/Dec ember | 2 monthly meetings with the Ashland PD |
| December 4 | Holiday Stroll craft table |
| December 13 | AREA collaboration meeting |

PROGRAMMING

| students (Williams Four Williams) Changing Willias. Stones Over Stigma at AHS. ~ 250 | December | (Minding Your Mind) Changing Minds: Stories Over Stigma at AHS. ~ 250 students |
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INITIATIVES

| October- December | Launched 1 STAND poster at AHS & 1 poster at AMS |
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| December | |

SOCIAL MEDIA

| October Substance Use Prevention Month Johnny's Ambassadors Marijuana & Mental Health awareness/resources |
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| Health awareness/resources |

| November | Vaping/Smoking Cessation & Resources, Developmental Assets & Relationships: Connection & Gratitude |
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| December | Impaired Driving Prevention, Developmental Assets & Relationships: Tech-free connection |

MEDIA

| November | GetOutraged! Youth vaping prevention campaign in Ashland Town Pages |
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| December | Impaired driving/Social Host collaboration article with Ashland Police Department in Ashland Town Pages |

ASHLAND YOUTH JUSTICE COALITION

| October | Leadership & Prevention Skill Building Training |
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UPCOMING: January 2022-April 2022

- January 12: Mental Health Literacy parent & community workshop/training
- January 14: Developmental Relationships workshop
- January 19: Changing Minds: Stories Over Stigma 8th grade presentation
- January 31: Framingham Rotary presentation (Ashland territory)
- February: Kindness Week
- March: Women's History Month, National Drug & Alcohol Facts Week
- April: Drug Take Back Day, Opioid/Medication overdose prevention & education, Alcohol Awareness

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