

ALCOHOL AWARENESS MONTH RESOURCES

Resources for Parents/Caregivers:

-Alcohol Use & Your Kids -<https://www.mass.gov/service-details/alcohol-use-and-your-kids>

-Make a Difference: Talk To Your Child About Alcohol- https://eadn-wc01-3361090.nxedge.io/cdn/wp-content/uploads/2019/12/MakeAdiff_4.pdf

-Social Host Law-<https://www.mass.gov/doc/social-host-law-information-for-parents/download>

-Parent & Caregiver Resources Samhsa's "Talk. They Hear You." Campaign-
<https://www.samhsa.gov/talk-they-hear-you/parent-resources>

-DAET Parenting for Prevention Tip Sheets-
<https://ashlanddecisions.org/resources/tip-sheets/>

-How Alcohol Affects the Brain: A Guide for Parents (*geared towards parents of younger children)-

<https://asklistenlearn.org/parents/alcohol-affects-kids-brain/>

-Talking with Your Kids About Alcohol -

<https://www.kidshealth.org/en/parents/alcohol.html>

Online Prevention Resource for teens:

-NIDA for Teens-<https://teens.drugabuse.gov/>

Resources for Families That Need Help:

- The Massachusetts Substance Use Helpline- <https://helplinema.org/>
- Partnership to End Addiction Parent Helpline-<https://drugfree.org/article/get-one-on-one-help/>
- Al-Anon-<https://al-anon.org/>
- Seeking Help? DAET Website-<https://ashlanddecisions.org/seeking-help-2/>